## Newborn use only

Alert	S8 - High risk medication- ma	ny cause significar	nt patient l	narm when used in error.	
Indication	Analgesia / sedation:				
	1. Pre-medication prior to intubation or other procedure				
	2. During assisted ventilation				
	3. Procedures and post-surgery				
	4. Neonatal abstinence syndrome secondary to opioid withdrawal				
Action	mu-opioid analgesic – stimul	ates brain opioid	receptors.		
Drug Type	mu-opioid analgesic.				
Trade Name	DBL Morphine Sulfate (also o	ontains sodium c	hloride an	d hydrochloric acid).	
	Juno Morphine Hydrochloride				
Presentation	5 mg/mL (5,000 microgram/				
	10 mg/mL (10,000 micrograi	m/mL) ampoule			
Dosage	ANALGESIA				
	CONTINUOUS IV IN				
	Range: 5–40 microg		4 0 01		
	Ventilated infants o		1,2,3]	Danas	
	Postnatal age#	Starting dose	lea/haur	Range	
	0-7 days	10 microgram/		5-40 microgram/kg/hour	
	8-30 days	15 microgram/		5-40 microgram/kg/hour	
	31-90 days	20 microgram/		5-40 microgram/kg/hour	
		vascular surgery	may need	lower starting dose and titrated to	clinical
	response.[2]				
	IV BOLUS FOR ANA	GESIA			
			anded 100	) microgram/kg) every 4 hours.[4]	
	30 Illicrogram, kg (II	iaxiiiidiii recoiiiii	lended 100	microgram, kg, every 4 nours.[4]	
	PRE-MEDICATION FOR INTU	BATION			
	100 microgram/kg/dose (up to 200 microgram/kg) [5]  NEONATAL ABSTINENCE SYNDROME –INITIAL TREATMENT				
	10 microgram/kg/hour titrated to Neonatal Abstinence Syndrome scores.				
Maximum Daily	Doses up to 100 microgram/kg/hour have been used in newborns; however this was associated				
Dose	with an increase in the duration of mechanical ventilation.				
Route	IV				
Preparation					
	Using 5mg/mL ampoule				
			/ • - l		
	2-STEP DILUTION for		(consid	ier for weight <2 kg)	
	IV Infusion: SINGLE STRENG				1
	Prescribed amo	ount		Infusion rate	
	1 mg/kg morphine and mak	e up to 50 mL	1 mL/hou	ur = 20 microgram/kg/hour	
	Step 1: Draw up 1 mL (5mg morphine in 1mL) and add 4 mL sodium chloride 0.9% to make a volume				
	of 5 mL with a concentration of 1000 microgram/mL.				
	Step 2: From the above solution, draw up 1 mL/kg (1000 microgram/kg) and further dilute with				
	glucose 5% or glucose 10% or sodium chloride 0.9% to make a final volume of 50 mL with a				
	concentration of 1 mL/hour = 20 microgram/kg/hour.				
	IV bolus dose from single strength solution: 2.5 mL =50 microgram/kg.				
	NATE OF THE PROPERTY OF THE PR				
	IV infusion: DOUBLE STRENG				
	Prescribed amo			Infusion rate	Ц
	2 mg/kg morphine and mak	e up to 50 mL	1 mL/hou	r = 40 microgram/kg/hour	
					1

## **Newborn use only**

**Step 1:** Draw up 1 mL (5mg morphine in 1mL) and add 4 mL sodium chloride 0.9% to make a volume of 5 mL with a concentration of 1000 microgram/mL.

<u>Step 2</u>: From the above solution, draw up 2 mL/kg (2000 microgram/kg) and further dilute with glucose 5% or glucose 10% or sodium chloride 0.9% to make a final volume of 50 mL with a concentration of 1 mL/hour = 40 microgram/kg/hour.

IV bolus dose from double strength solution: 1.25 mL =50 microgram/kg.

## 1-STEP DILUTION for IV infusion (consider for weight 2 kg and over)

### **IV Infusion: SINGLE STRENGTH**

Prescribed amount	Infusion rate
1 mg/kg morphine and make up to 50 mL	1 mL/hour = 20 microgram/kg/hour

Draw up 0.2 mL/kg (5mg morphine in 1mL) and add glucose 5% or glucose 10% or sodium chloride 0.9% to make a final volume of 50 mL with a concentration of 1 mL/hour = 20 microgram/kg/hour. For IV bolus dose from single strength solution: 2.5 mL = 50 microgram/kg.

#### **IV Infusion: DOUBLE STRENGTH**

	Prescribed amount	Infusion rate
4	2 mg/kg morphine and make up to 50 mL	1 mL/hour = 40 microgram/kg/hour

Draw up 0.4 mL/kg (5 mg morphine in 1mL) and add glucose 5% or glucose 10% or sodium chloride 0.9% to make a final volume of 50 mL with a concentration of 1 mL/hour = 40 microgram/kg/hour. For IV bolus dose from double strength solution: 1.25 mL = 50 microgram/kg.

### **IV BOLUS**

Draw up 1 mL (5 mg morphine) and add 9 mL sodium chloride 0.9% to make a 10 mL solution [500 microgram/mL].

**Further dilute:** Draw up 2 mL of this solution (1000 microgram) and add 8 mL of sodium chloride 0.9% to make a final volume of 10 mL with a concentration of 100 microgram/mL.

Note: If a continuous infusion is running, bolus doses/loading dose can be calculated and given from the continuous infusion solution.

### PRE-MEDICATION FOR INTUBATION

As above for IV bolus.

## Using 10mg/mL ampoule

## 2-STEP DILUTION for IV infusion (consider for weight <2 kg)

### **IV Infusion: SINGLE STRENGTH**

Prescribed amount	Infusion rate
1 mg/kg morphine and make up to 50 mL	1 mL/hour = 20 microgram/kg/hour

**Step 1:** Draw up 1 mL (10mg morphine in 1mL) and add 9 mL sodium chloride 0.9% to make a volume of 10 mL with a concentration of 1000 microgram/mL.

<u>Step 2</u>: From the above solution, draw up 1 mL/kg (1000 microgram/kg) and further dilute with glucose 5% or glucose 10% or sodium chloride 0.9% to make a final volume of 50 mL with a concentration of 1 mL/hour = 20 microgram/kg/hour.

## **Newborn use only**

IV bolus dose from single strength solution: 2.5 mL =50 microgram/kg.

IV infusion: DOUBLE STRENGTH

Prescribed amount	Infusion rate
2 mg/kg morphine and make up to 50 mL	1 mL/hour = 40 microgram/kg/hour

**Step 1:** Draw up 1 mL (10mg morphine in 1mL) and add 9 mL sodium chloride 0.9% to make a volume of 10 mL with a concentration of 1000 microgram/mL.

<u>Step 2</u>: From the above solution, draw up 2 mL/kg (2000 microgram/kg) and further dilute with glucose 5% or glucose 10% or sodium chloride 0.9% to make a final volume of 50 mL with a concentration of 1 mL/hour = 40 microgram/kg/hour.

IV bolus dose from double strength solution: 1.25 mL =50 microgram/kg.

## 1-STEP DILUTION for IV infusion (consider for weight 2 kg and over)

#### **IV Infusion: SINGLE STRENGTH**

Ī	Prescribed amount	Infusion rate
	1 mg/kg morphine and make up to 50 mL	1 mL/hour = 20 microgram/kg/hour

Draw up 0.1 mL/kg (10mg morphine in 1mL) and add glucose 5% or glucose 10% or sodium chloride 0.9% to make a final volume of 50 mL with a concentration of 1 mL/hour = 20 microgram/kg/hour. For IV bolus dose from single strength solution: 2.5 mL = 50 microgram/kg.

#### **IV Infusion: DOUBLE STRENGTH**

Prescribed amount	Infusion rate
2 mg/kg morphine and make up to 50 mL	1 mL/hour = 40 microgram/kg/hour

Draw up 0.2 mL/kg (10mg morphine in 1mL) and add glucose 5% or glucose 10% or sodium chloride 0.9% to make a final volume of 50 mL with a concentration of 1 mL/hour = 40 microgram/kg/hour. For IV bolus dose from double strength solution: 1.25 mL = 50 microgram/kg.

#### **IV BOLUS**

Draw up 0.5 mL (5 mg morphine) and add 9.5 mL sodium chloride 0.9% to make a 10 mL solution [500 microgram/mL].

**Further dilute:** Draw up 2 mL of this solution (1000 microgram) and add 8 mL of sodium chloride 0.9% to make a final volume of 10 mL with a concentration of 100 microgram/mL.

Note: If a continuous infusion is running, bolus doses/loading dose can be calculated and given from the continuous infusion solution.

#### PRE-MEDICATION FOR INTUBATION

As above for IV bolus.

### Administration

**CONTINUOUS IV INFUSION**: Via syringe driver.

**IV BOLUS**: Administer over 5 minutes. Flush with 1 mL sodium chloride 0.9% before and after injection. Rapid IV administration may increase adverse effects.

**PRE-MEDICATION FOR INTUBATION:** As above for IV bolus. Wait a minimum of 5 minutes for onset of action; however for maximum effect wait 15 minutes after giving the dose.

## Monitoring

All patients should have cardiorespiratory monitoring and be carefully observed, particularly if they are breathing spontaneously. Respiratory depression/apnoea can be reversed with naloxone.

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	Naloxone is contraindicated in opioid dependent infants.	
	Observe for urinary retention, abdominal distension or delay in passage of stool.  Withdraw slowly following prolonged use.	
	Withdraw slowly following prolonged use.	
Contraindications	Hypersensitivity to morphine or any excipients.	
Precautions	Potentially toxic serum concentrations of morphine may occur in infants with hypoxic ischaemic	
	encephalopathy with moderate hypothermia and infusion rates >10 microgram/kg per hour. [3] Use	
	with caution in patients with hypersensitivity reactions to other opioids.	
	Hypotension and bradycardia. Respiratory depression.	
	Transient hypertonia. Convulsions.	
	Ileus and delayed gastric emptying time. Urinary retention. Renal or hepatic impairment.	
	Tolerance may develop after prolonged use – wean slowly.	
Drug Interactions	Concomitant use with other CNS depressants potentiates effects of opioids, increasing risk of	
	respiratory depression, profound sedation or coma.	
Adverse Reactions	Morphine has been associated with respiratory depression (levels above 20 ng/mL); decreased	
	gastrointestinal motility, hypotension at higher doses, and urinary retention [4].	
Compatibility	Compatibility is likely to be similar for morphine hydrochloride and sulfate.	
	Fluids:	
	Morphine hydrochloride – glucose 5%, sodium chloride 0.9%	
	Morphine sulfate – glucose 2.5%, 5% and 10%, glucose in sodium chloride solutions, Hartmann's,	
	sodium chloride 0.45% and 0.9%	
	Y-site:	
	Morphine hydrochloride – some information is available. Consult the pharmacist, pharmacy	
	department or medicines information service for more advice.	
	Morphine sulfate – adrenaline hydrochloride, amifostine, amikacin, amiodarone, ampicillin,	
	anidulafungin, atracurium, atropine, aztreonam, bivalirudin, caspofungin, cefazolin, cefotaxime,	
	cefoxitin, ceftazidime, ceftriaxone, cisatracurium, clindamycin, dexamethasone, digoxin, dopamine,	
	eptifibatide, erythromycin, esmolol, filgrastim, fluconazole, foscarnet, gentamicin, granisetron,	
	haloperidol lactate (in glucose), heparin sodium, hyoscine hydrobromide, insulin (short-acting),	
	ketorolac, labetalol, lignocaine, linezolid, magnesium sulfate, methylprednisolone sodium succinate,	
	metoclopramide, metoprolol, metronidazole, midazolam, milrinone, noradrenaline, palonosetron,	
	paracetamol, piperacillin-tazobactam (EDTA-free), posaconazole, potassium chloride, remifentanil,	
	sodium nitroprusside, tacrolimus, tigecycline, tirofiban, tobramycin, trimethoprim-	
L	sulfamethoxazole, vancomycin, vecuronium, zidovudine.	
Incompatibility	Fluids: Morphine may precipitate out of solution when the final pH is greater than 6.4.	
	Y-site:	
	Morphine hydrochloride – esomeprazole	
	Morphine sulfate – Aminophylline, azathioprine, azithromycin, flucloxacillin, folic acid, ganciclovir,	
	indometacin, pentamidine, pethidine, promethazine, sodium nitrite, thiopental sodium.	
Stability	Diluted solution for continuous IV infusion is stable for 48 hours.	
Storage	Ampoule: Store below 25°C. Protect from light.	
	Discard remainder after use (in line with schedule 8 drug legislation).	
	Store in Dangerous Drug (DD) safe and record use in DD register.	
Excipients	DBL brand: Sodium chloride, water for injections, hydrochloric acid.	
	Juno brand: Water for injections, hydrochloric acid.	
Special Comments	Prolonged use (> 5–7 days) may be associated with dependence.	
	Morphine hydrochloride and sulfate contain approximately equivalent amounts of morphine base	
	per milligram.	

## **Newborn use only**

#### **Evidence**

### Efficacy:

Premedication: Morphine 0.2 mg/kg bolus did not reduce the occurrence of severe hypoxia with bradycardia during intubation, in comparison with placebo.[5] [LOE II] Morphine 0.1 mg/kg — atropine 10 microgram/kg and suxamethonium 1 mg/kg premedication reduced the total time and number of attempts taken to achieve successful nasotracheal intubation of neonates compared to awake intubation;[6] [LOE II] Morphine 0.1 mg/kg — atropine 10 microgram/kg and suxamethonium 2 mg/kg was less effective than propofol with longer time to intubation, increased oxygen desaturations and nasal trauma and increased time to recovery [7]. (LOE II] No difference in time, number of attempts and duration of intubation has been reported in trials comparing morphine-midazolam versus remifentanil with or without midazolam combination [8, 9]. (LOE II) Conclusion: Morphine appears not to reduce the occurrence of severe hypoxia with bradycardia during intubation, in comparison with placebo, probably because of the delayed onset of action. It is likely that fentanyl is more effective because of the more rapid onset of action [10].

Infants on mechanical ventilation: A systematic review of 13 RCTs, 1505 infants, found infants given opioids showed reduced Premature Infant Pain Profile scores (MD -1.71, 95% CI -3.18 to -0.24); had no difference in mortality, incidence of hypotension, duration of mechanical ventilation and long-term and short-term neurodevelopmental outcomes; but a longer duration to reach full enteral feeding [11]. One RCT reported an increased incidence of hypotension in ventilated very preterm infants after morphine 100-300 micrograms/kg loading dose and with 10-30 microgram/kg/hour infusion for 24 hours [12]. Two other RCTs using morphine 50-100 micrograms/kg loading dose and with or without 10 microgram/kg/hour infusion reported no effect on blood pressure [13, 14]. One study that compared morphine with midazolam showed similar pain scores, but fewer adverse effects with morphine [15]. Conclusion: There is insufficient evidence to recommend routine use of opioids in mechanically ventilated newborns. Opioids should be used selectively, when indicated by clinical judgment and evaluation of pain indicators. If sedation is required, morphine is safer than midazolam [11]. (LOE I GOR B)

Analgaesia: Recommended procedural analgesic doses for neonates are: *Intermittent Dose* - Morphine sulfate 0.05-0.1 mg/kg intravenously; *Infusion Dose* - 0.01-0.03 mg/kg per hour. It is advised that neonatal intensive care units use only 1 opioid analgesic agent to ensure familiarity with its use. The opioid doses are only applicable for opioid-naive patients. All patients should be monitored and carefully observed, particularly if they are breathing spontaneously. Consider slow intravenous opioid infusion (morphine sulfate or fentanyl citrate) for: central venous line placement, endotracheal intubation and suction; chest tube insertion and for ventilated infants. [Consensus statement for the International Evidence-Based Group for Neonatal Pain] [4]. Postoperative pain relief: Continuous and intermittent morphine infusions have been trialled in

postoperative patients. A continuous morphine 10 microgram/kg per hour or intermittent morphine 30 microgram/kg per 3 hours were equally effective and safe in neonates. (LOE II] A morphine continuous infusion to a targeted morphine concentration of 20 ng/ml provided more reliable analgesia than an intermittent bolus doses as needed. The average infusion rate was 20.6 ± 8.7 microgram/kg/hour. [16]. [LOE II] Postoperative morphine use can be reduced by paracetamol infusion [17]. [LOE II]

Neonatal abstinence syndrome secondary to opioids: There are no trials of intravenous morphine for NAS secondary to opioids although its use has been reported including for seizure control [18, 19]. [LOE IV] Recommended oral dose for initial treatment of NAS in opioid dependent infants 0.5 mg/kg/day [20]. Estimated oral morphine bioavailability 48.5% in neonates [21]. (LOE IV GOR C) Pharmacodynamics / Pharmacokinetics:

Effective morphine concentrations in the range of 10-20 ng/L have been reported [1, 22]. Concentrations above 20 ng/L have been associated with respiratory depression [2]. The mean morphine half-life is age related, reported as around 9 hours in ventilated preterm infants [23, 24], 6 hours in term infants [24, 25] and 2 hours for infants beyond 11 days age [24]. Pharmacodynamic assessment found median (IQR) average morphine infusion rate for pain relief in was 4.4 (4.0-4.8) microgram/kg/hour in postoperative term neonates <10 days versus 14.4 (11.3-23.4) microgram/kg/hour in older infants (p < 0.001) [26]. Also in postoperative term infants, morphine concentrations suggested neonates <7 days require significantly less morphine

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postoperatively than older neonates. The recommended dosage for continuous morphine infusions were 7 microgram/kg/h in full-term neonates; 10 microgram/kg/hour in infants >4 weeks of age [27]. (LOE II GOR B)

Lynn et al estimated morphine infusion rates to achieve a steady-state concentration ≤20 ng/mL for non-cardiovascular surgery are: 0-7 days: 10 microgram/kg/hour; 8-30 days: 15 microgram/kg/hour; 31-90 days: 20 microgram/kg/hour [1]. For infants after cardiovascular surgery clearance was reduced with the following modelled rates: 0-7 days: 5 microgram/kg/hour; 8-30 days: 5 microgram/kg/hour; 31-90 days: 10 microgram/kg/hour [2].[LOE II GOR B]

More restricted dosing recommendations have been suggested in neonates targeting morphine concentrations of ≤10 microgram/L [26, 27].

Infants with hypoxic ischemic encephalopathy have reduced morphine clearance and elevated serum morphine concentrations when morphine infusion rates are based on clinical state. Potentially toxic serum concentrations of morphine may occur with moderate hypothermia and infusion rates >10 microgram/kg per hour [3].

#### Safety

There is no compelling evidence to support severe long-term harm, but subtler behavioural changes have been noted. Morphine use should continue to be based on clinical judgment, carefully weighing the benefits of acute interventions against the potential for long-term harm.[28]

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